

October 2016

We know that health care decisions can be overwhelming for you and your family, especially when you need long term care. To make things easier for you and your caregivers, New York and Centers for Medicare and Medicaid Services created a program that will provide you with the most complete care that has ever been available in our state. This new program is called Fully Integrated Duals Advantage, or "FIDA" for short.

Several managed long term care plans in your county have joined the FIDA program. If you join a FIDA plan, you will:

- **Get all Medicare and Medicaid services, long term care services like home care, Part D and Medicaid drugs, and additional benefits.** In other words, a FIDA plan covers all the benefits that you may currently get through Medicaid, Medicare, your Part D plan and Senior Health Partners A Healthfirst Co.
- **Pay NO deductibles, premiums, or copayments and coinsurance.** A FIDA plan will *not* cost you more than what you pay today for your care.¹
- **Need NO referrals to see specialists.**
- **Have a dedicated person ("Care Manager")** who can schedule doctor's appointments, arrange transportation and help you get your medicine.
- **Be able to have your Medicare and Medicaid doctors and specialists on your care team.** Your caregivers – or anyone you trust like your friends and relatives – could also join your care team. They will be able to stay with you during the care team meetings and help you make the right decisions about your care.
- **Use one phone number for all questions regarding your Medicare, Medicaid, long term care, and medications.** You will no longer need to make separate calls to 1-800 Medicare, your Medicare health or drug plan, and your current Medicaid plan about your benefits.
- **Enjoy extra protection from the Independent Consumer Advocacy Network (ICAN),** the consumer advocacy program – if you ever have difficulty getting the care you need.
- **Have the right to leave FIDA at any time and for any reason.**

To learn more about how the FIDA program can help you today and about FIDA plans in your county, call:

New York Medicaid Choice

Call: 1-855-600-3432
TTY users: 1-888-329-1541
A free interpreter: 1-855-600-3432
Monday-Friday, 8:30 am – 8:00 pm
Saturday, 10:00 am – 6:00 pm
The call and the help are free.
Online: www.ny MedicaidChoice.com

**Independent Consumer Advocacy
Network (ICAN)**

Call: 1-844-614-8800
A free interpreter: 1-844-614-8800
Monday-Friday, 8:00 am – 8:00 pm
The call and the help are free.
Online: www.icannys.org

¹If you have Medicaid with a "spend-down" or "excess income," you will have to continue to pay your spend-down to the FIDA plan.

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